

ARE WE AWAKE YET

Reflections on a powerful year

Linda Sprague

Dallas Astrologer

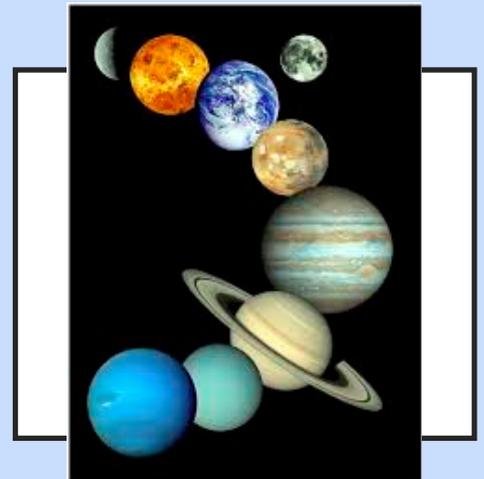
It's August and I'm looking back and thinking—it's been a very fast year! On May 19, when Mars went direct, suddenly we came out of our comas! What happened? Where have we been since January 1st? An old saying comes to mind: "I was asleep when I thought I was awake."

Bring your chart and follow along as we review this year of retrograde motion. The combination of the long retrograde Mars period and Uranus/Pluto/Jupiter squaring off in the heavens has given us a year of change and intensity. We will talk about the BREAKDOWN, BREAKTHROUGH and AWAKENING of 2014. To what are we AWAKENING? What are we learning from the astrology of 2014?

Where did retrograde Venus in Capricorn and retrograde Mars in Libra transit in your horoscope? What changes did these retrograde phases bring to your life? What are the gifts of a retrograde planet anyhow? Where did the Grand Square give you whiplash? We will look at case studies and ponder our own fates as we study this year of retrograde motion in the heavens.

Linda Sprague (M A in Folklore Studies, Indiana University) is a metaphysical practitioner from Dallas, Texas. She is a multitalented spirit, an experienced intuitive, a spiritual reader and a popular teacher who is also certified in trauma recovery. Her combination of healing techniques include astrology, tarot cards, a trauma recovery process, and neo-shamanic techniques. Her private practice offers two options: GATEWAYS TO SYNCHRONICITY (astrology &

tarot) and CPR FOR THE SOUL (recovery & healing for difficult life events). On her blog Linda shares her thoughts about astrology: "Astrology is a tool that helps us de-code our life path. In these exciting, but very challenging times, we need all the support we can get." Linda facilitates a monthly Full Moon Gathering for Women at the Dallas Yoga Center. Contact information: stardoor@sbcglobal.net 214-741-3448.



President's Message



Donna Henson, President

Have you ever known a bored astrologer? I haven't. Astrology is about all of life. No wonder it's never dull. We study the things that really matter. A person can discuss things with an astrologer that would never come up in ordinary conversation. An astrologer can even throw light on why we and others feel or think a certain way at a given time. Sue Apitz, one of the founders of our organization, used to say when someone commented about her seeing astrologers so often when she had concerns that needed to be worked out, "Some people go to see their psychiatrist. I go to see my astrologer."

We are so fortunate to have so many resources for studying astrology today – books, magazines, the internet, and, best of all, in this area an organization of people who are as curious to know what astrology has to offer as many of you do. There's no substitute for talking to someone in person about your interests. In early adulthood you're sorting out your love and career decisions. Some are establishing homes and families. And who isn't interested in discovering what kind of person the new baby or grandbaby may become and how they might guide this person to develop the best of his or her potential. Some want to know how they might better relate to the difficult boss (or friend, relative, or close neighbor). Some want insights about health matters.

One type of client I've often encountered is the person who is approaching retirement years who needs to discover not only what he or she is retiring from but also what she might retire to. Those who have developed interests beyond the career are the lucky ones. Since people are living longer now, they have many more retirement years than formerly. This is a time when astrology has so much to offer. We can tell such things as what the person enjoys (the fifth house) most, whether he needs to be around people much of the time or have much time for privacy (eleventh and third houses), insights about financial concerns, or how to choose favorable times to act. Best of all, ASNT gives you an opportunity to know other astrologers, hear lectures from local and even national speakers, develop friendships, and share your interests.

– *Donna*

2014 Annual Workshop Coming in October

SPEAKER – GARY CATON

**Saturday and Sunday,
October 11-12**



GARY WILL BE AVAILABLE TO DO CHART

READINGS while he is in town and is offering his returning- client rate of \$125, quite a bargain! There are two slots still available on Friday the 10th and four Monday the 13th. Call or email Sandra to book a time. 817-531-1661 or san.moore4730@gmail.com.

JULY MEETING **MINUTES**

A regular meeting of ASNT was held on July 13th with 19 members present. President Donna Henson opened the meeting at 1:40 pm and noted that there was no new business to report and that the treasurer's report from Priscilla Peers, Treasurer, was available at the table for our perusal.

Announcements: Programs Chair Sandra Williams reminded the membership about the upcoming Annual Workshop on October 11th-12th. She also said that in the August newsletter she will be asking us to "Opt In" if we want to receive astrology emails from the Central Texas email list, sponsored by the Astrological Society of Austin. She then introduced Anne Beversdorf, an Austin astrologer, who spoke on the symbols and remedies of the Vedic astrological tradition.

The meeting was adjourned at 3:45 pm.

Respectfully submitted by
Melinda Noble, Secretary



***Don't miss opportunities to
learn more astrology!***

The Austin Astrological Society has a Central Texas email list that sends announcements of Texas workshops and lectures on astrology and related fields. If you would like to join the email list, please send an email to me with the words "**Opt In**" in the subject line. Include in the body of the email, the sentence: "**I would like to be added to The ASA email list.**" Then include your name and email address. These will be forwarded to the Austin group.

**Send to Sandra at
sandrax11@charter.net.**

Article

Here Comes Jupiter in Leo

By Claire Shepard

In Andrew Cohen's book, *Enlightenment is a Secret*, he writes, "Realize perfect innocence and abide there always. Innocence is what we knew ourselves to be before we knew anything else. Before we knew anything at all, we knew this purity. Coming upon the perfect purity of this innocence, we are overwhelmed with awe, wonder, mystery and devotion."

I believe this passage speaks exquisitely to the essential energy of Leo which rules children, love affairs and creative self-expression. It is the true foundation of any sort of creative process or approach to love. For many, accessing this place requires moving past old, early life conditioning and self-doubt which says we don't have what it takes or that something within us is flawed. We are all here to love and to be creative. We all search and struggle to capture the awe, the wonder and the mystery.

Jupiter, planet of expansion, growth, optimism, and good fortune moves into the fiery sign of Leo on July 16, 2014 at 5:30:30 AM CDT. Jupiter in Leo will give us a special opportunity to tap into this place of simplicity. We all possess the Leo energy in our natal birth chart and here in its fresh and implicit potential we naturally love ourselves, honor ourselves and contribute through spontaneous passion, love and joy. This power, this innocence, is inherent in everyone.

The Jupiter transiting aspects coming from early August to Neptune, from late August to early September to Pluto, from late September to early October to Saturn will serve as the impetus to break out of old fears, restrictions and illusions about our possibilities. These aspects catalyze us viscerally to communicate our truest feelings. They dare us to experiment joyfully

with fresh ideas including any and all forms of talent and abilities. Jupiter through Leo can lend us the courage to leap off with our most secretly held dreams of art, love, romance, sex and merriment. Jupiter, in its journey through the energy field of Leo, will provide chances to grow, to soar, recognizing where and how we can bring excitement, love and spontaneity to our lives.



Since Leo rules the creative child we must nurture these dreams and efforts keeping them close to our hearts while encouraging our children and friends to do the same. Keep an eye on the children. They are the spark. Watch, listen, and learn.

Our current culture may not value the crucial nature of these efforts however; if we look throughout history we know this is a highly prized part of any advanced civilization. The United States, established with the Sun in Cancer, is far more concerned with matters of money and status. My message is we have to

support and empower ourselves from within through this process.

We will all be challenged to bring to life, our fire, our affection, from the truth and soul of our being. Our ability to move forward with this dynamic time will be directly proportional to our bravery in facing and healing the core issues which have held many of us back for so long. We may have to dig deeply into our belief systems about what is possible for us. We may have to closely guard our thoughts and listen to our gut, our instincts, for true guidance. Julia Cameron's, *The Artist's Way* is a book which leads us gently and happily through our resistances to creative evolution and change. Evolution and change which will enhance our confidence, bringing enchantment and abiding satisfaction to our lives. This is a book for everyone.

For many, this potent urge to express ourselves spiritually, emotionally and physically will

no longer be a choice. It will be ripe to bursting, ready within us, yearning for a voice, an avenue. Repressing fire creates anger, depression and disease. It's far easier to direct our force consciously and a great deal more fun and rewarding.

My intention is to focus and ground daily in nature and commit to this year-long moment. My intention is to stay mindful and nurture myself from what I have learned from Jupiter's transit through Cancer this last year and to affirm I am in the right place at the right time giving myself encouragement from one day to the next. By patiently and deliberately devoting our precious energy to our deepest, most personal passions and aspirations, we can realize an exhilarating new magic in our lives, a new beginning. So be it.

Claire Shepard is a Fort Worth, Texas Depth Astrologer, Speaker and Writer. She may be reached at 817-585-1089. This article first published in the Indigo Sun Magazine August 2014.

